



#### Annual Conference of the Tamilnadu Orthopaedic Association

"Update Knowledge, Upgrade Skill, Upscale Outcome"

10-12 February 2023

MGM Conventional Centre Chennai



















# **Chennai**

Chennai, on the Bay of Bengal in eastern India, is the capital of the state of Tamil Nadu. The city is home to Fort St. George, built in 1644 and now a museum showcasing the city's roots as a British military garrison and East India Company trading outpost, when it was called Madras. Religious sites include Kapaleeshwarar Temple, adorned with carved and painted gods, and St. Mary's, a 17th-century Anglican church



## DAY 2 11-02-2023 Saturday

Time	Hall A	Hall B	Hall C	Hall D	Poster Hall
8:00AM 9:15AM	TNOA Prof. M. Natarajan Medal for Trauma	Knee Arthroplasty	Spine	Infections	
9:15AM 	TNOA Prof C. Vyageswaradu Medal for Orthopaedics	Knee Arthroplasty	Spine	Ilizarov and Deformity Correction	
10:30AM 	The Masters Time Travel- An Inspiration	Knee Arthroplasty	Spine	Ilizarov and Deformity Correction	
11:30AM 		TNC	A ORATIONS		
1:00PM 2:00PM			LUNCH		
2:00PM 3:15PM	Career guidance for Postgraduates FRCS Guidance	Hip Arthroplasty	Foot & Ankle	Pelvis and Acetabulum	Medal Poster Presentation
3:15PM 	TNOA Prof. M. Ramanathan Medal for Consultants	Hip Arthroplasty	Foot & Ankle	Pelvis and Acetabulum	Medal Poster Presentation
4:30PM 	TNOA		ORTHO QUIZ – PRELIM Memorial PG Travellin		
5.30 PM Onwards		ANNUAL GEN	IERAL BODY MEETING		
7.00 PM Onwards		GALA B	ANQUET DINNER		



## DAY 2 11-02-2023 Saturday

Time	Hall E	Hall F	
8:00AM TO	<b>FREE PAPER</b> Miscellaneous - 1 8.00-8.50 am	FREE PAPER Trauma 9 8.00-8.50 am	
11:30AM	FREE PAPER Ortho biologics 8.55-9.40	FREE PAPER Trauma 10 8.55-9.45 am	
	FREE PAPER Arthroscopy Knee - 1 9.45-10.35 am	<b>FREE PAPER</b> Trauma 11 9.45-10.40 am	
	FREE PAPER Arthroscopy Knee -2 10.35-11.00 am	<b>FREE PAPER</b> 10.40-11.05 am Trauma 12	
11:30AM 	TNOA ORATIONS		
1:00PM  2:00PM	LUNCH		
2:00PM 	FREE PAPER Spine 2 2.00-2.50 pm	FREE PAPER Trauma 13 2.00-2.40 pm	
3:00PM 4:00PM	FREE PAPER Spine 3 2.55- 3.35 pm	FREE PAPER Foot & Ankle 2 2.45-3.30 pm	
	FREE PAPER Arthroscopy Knee - 3 3.40 - 4.10pm	FREE PAPER Trauma 14 3.35-4.20 pm	
4:30PM 5:30PM	TNOA KMC PG ORTHO QUIZ – PRELIMS TNOA Dr K R Venkateswar Memorial PG Travelling Fellowship		
5.30 PM Onwards	ANNUAL GENERAL BODY MEETING		
7.00 PM Onwards	GALA BANQUET DINNER		



## DAY 2

Time	Hall G	Hall H	
8:00AM TO	Meet the Master TRAUMA 9.00-10.00am	Live Surgery UNI KNEE REPLACEMENT 8.00-9.00am	
11:30AM	AO Trauma Workshop 10.00-11.00am	Live Surgery FOOT & ANKLE Session 9.00-10.00am	
	Meet the Master FOOT & ANKLE 11.00-11.30am		
11:30AM 	TNOA ORATIONS		
1:00PM  2:00PM	LUNCH		
2:00PM 3:00PM	Meet the Master – SPINE 2.00 – 3.00pm	Meet the Master – ILIZAROV & DEFORMITY CORRECTION 2.00-3.00pm	
3:00PM 4:00PM	SPINE Workshop 3.00-4.00pm	Live Surgery - ROBOTIC KNEE ARTHROPLASTY 3.00-4.00pm	
	PELVIS AND ACETABULUM Workshop 4.00-5.00pm		
4:30PM 5:30PM	TNOA KMC PG ORTHO QUIZ – PRELIMS TNOA Dr K R Venkateswar Memorial PG Travelling Fellowship		
5.30 PM Onwards	ANNUAL GENERAL BODY MEETING		
7.00 PM Onwards	GALA BANQUET DINNER		







#### **TNOA Prof. M. NATARAJAN MEDAL FOR TRAUMA**

IN	IOA PIOI. M. NATARAJAN MEDAL FOI	K TRAUMA	
Chairp	ersons : Prof. S Ramesh Babu, Prof. N	I. Manikandan	
(All presentations - 7+ 2mins discussion)			
8.00 AM – 8.09 AM	A comparative study of proximal femur fractures treated with short proximal femoral nail and long proximal femoral nail	<b>Dr.Ankit Verma</b> Meenakshi Mission Hospital and Research Centre, Madurai	
8.09 AM – 8.18 AM	Comparative study between novel technique(medial tens and single lateral plating using MIPPO) and standard bicolumnar plate fixation for the treatment of Schatzker type 5 & type 6 tibial plateau fractures"	<b>Dr.Velarasan Velmurugan</b> Govt Stanley Medical College and Hospital	
8.18 AM – 8.27 AM	Fibula strut graft and impaction bone grafting: a novel technique for the pressure and tension side cortex comminuted femoral neck fractures (PTC FNF)	<b>Dr.Imran A</b> Ganga Medical Center and Hospital	
8.27 AM – 8.36 AM	Scrutiny of derelictions of pfna2 in intertrochanteric fractures	<b>Dr.Aakash Kannauh</b> PSG IMSR, Coimbatore	
8.36 AM – 8.45 AM	Unstable coronoid fractures - "Alacarte approach in terrible triad protocol"	<b>Dr.Nishaanth Ragavan</b> Rex Ortho Hospital	
8.45 AM – 8.54 AM	Suprapatellar vs infrapatellar approaches to tibia nailing - our institutional experience	<b>Dr.Praveen Vairamuthu</b> MMC	
8.54AM – 9.03 AM	"pelvic infix - a safe and reliable treatment for unstable pelvic ring fractures"	Dr.Siddharth P Kovai Medical Center	









#### **TNOA Prof C. VYAGESWARADU MEDAL FOR ORTHOPAEDICS**

#### Chairpersons : Prof. P V Vijayaragavan, Prof. L Pavalan

(All presentations - 7+ 2mins discussion)

9.15 AM – 9.24 AM	Blood loss in total knee replacement- combined iv and ia administration of tranexamic acid compared with iv " only administration of tranexamic acid" randomized controlled study	<b>Dr.Praveen Govardhan</b> Vasanthi Orthopaedic Hospit
9.24 AM – 9.33 AM	The second hip fracture: a novel observational study of the probable risk factors and radiographic hip geometry parameters that can predict it	<b>Dr.Sanjana Nandakumar</b> Ganga Hospital
9.33 AM – 9.42 AM	Effect of synthetic bone grafts in management of non-union in long bones	<b>Dr.Muthamilselvan Kumanan</b> Tirunelveli Medical College Hospital
9.42 AM – 9.51 AM	The clinical and radiological outcome of internal fixation in a regenerating bone treated by LRS for gap non union	Prof. Jayaprakash K V MAPIMS
9.51 AM – 10.00 AM	A novel, simple and less expensive method for fasciotomy wound closure following compartment syndrome - modified purse string suture technique	<b>Dr.Pughazhendhi PM</b> Madurai Medical College and Hospital

#### **THE MASTERS TIME TRAVEL - AN INSPIRATION**

#### Chairpersons : Dr. C. Raja Ravi Varma

10.15 AM-11.30AM

"Setting a Goal and pursuing it"

"Perception of a Teacher and the Student"

"Academis vs Association - The art of Balancing and being Successful at that"

"From Humble beginings to International Repute - A Journey to Cherish" **Prof. T. Jeyaraman** Salem **Prof. A. Rajamani** Madurai

Prof. R. Selvaraj Chengalpattu

Dr. P.V. Jayasankar Chennai эl





## DAY 2 Saturday

**TNOA ORATIONS** 

#### Chairpersons – Dr. M. Vanasekar, TNOA President Dr. C.J. Ravi, TNOA Secretary

11.30AM – 1.00 PM TNOA Dr. N. S. NARASIMHAN ORATION Change is the only constant in life – My journey of four decades in Hip Arthroplasty

> TNOA Dr. M. NATARAJAN ORATION Looking Beyond!

**Prof. Rajesh Malhotra** New Delhi

**Prof. Antony Vimal Raj** Chennai

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1.00 PM – 2.00 PM	LUNCH	
13. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1.	CAREER GUIDANCE FOR PGs	S. Marson & Research (Const
2.00 PM – 2.20 PM	The Art Of Delighting A Patient	<b>Dr Manivannan Selvaraj</b> Founder and Managing Directo Kauvery Group of Hospitals
	EARLY DAYS Final year PG to few years	Moderator: Dr. C Sugavanam Salem Panelists : Prof S.Mugundhan Coimbatore Dr. Bhupesh Karthik Hosur Dr. Vishnu Prasad Salem Dr. M. Navin Kumar Chennai Dr. Francis Roy Tirunelveli
2.20 PM – 2.50 PM 2.50 PM – 3.10 PM	CAREER CHOICES	Panelists Dr. Pari Selvaraj Coimbatore Dr. Prahalad Singhi Madurai Dr. Arun Kannan Chennai Dr. J. Terrence Jose Jerome Trichy Dr. Ravikumar Railways, Chennai
2.50 PM – 3.10 PM	Oppurtunities in Middle East Let's Talk Dr- Decoding the FRCS!	Dr Mukesh Thangavel Muscat Dr. Rishi Dhir





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#### **TNOA Prof. M. RAMANATHAN MEMORIAL GOLD MEDAL FOR CONSULTANTS**

Chairpersons : Dr. Natesan, Dr P.V Jayasankar

(All presentations - 7+ 2mins discussion)

3.15 PM – 3.24 PM	Comparative study of static vs expandable interbody fusion cages after corpectomies done for spondylodiscitis in 80 patients	<b>Dr. Vetri Nallathambi</b> Meenakshi Mission Hospital & Research Centre
3.24 PM – 3.33 PM	Level 1 RCT-randomized controlled trial for ACL+MCL combined injury in 90patients (internal bracing vs repair vs non-operative for MCL)	Dr. Ramakanth Rajagopalakrishnan Ganga Hospital
3.33 PM – 3.42 PM	Results of two stage revision TKR in periprosthetic joint infection- an analysis of consecutive 52 cases	<b>Dr. Sugavanam C</b> London Ortho Speciality Hospital
3.42 PM – 3.51 PM	A clinically applicable predictive score in single level lumbar disc disease for formulating a surgical plan.	<b>Dr. Subramaniam Macherla</b> Haribabu Chettinad Hospital and Research Institute
3.51 PM – 4.00 PM	Alarming out come in extended total knee arthroplasties in poor people -what next?	<b>Dr. K. Mani Kumarasamy</b> Arvinth Hospital
4.00 PM – 4.09 PM	Knee instability following fractures around knee joint - an analytical study	<b>Dr. Prahalad Kumar Singhi</b> Preethi Hospitals Pvt Ltd (Pims)
4.09 PM – 4.18 PM	Degenerative lumbar canal stenosis treatment by full endoscopic decompression under functional anaesthesia - experience of 52 patients with 19 month follow up	<b>Dr. Palanikumar Chellamuthu</b> Spinal endoscopy and Ortho Clin Erode
4:30PM – 5:30PM	TNOA KMC PG ORTHO QUIZ – PRELIMS TNOA Dr K R Venkateswar Memorial PG Travelling Fe	ellowship
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#### KNEE ARTHROPLASTY Session 1 - The Hot Debates in TKR

Moderator : Dr. Ajit Yadav, Dr. Suryanarayanan

- 8.30AM-8.36AM Isolated medial compartment osteoarthritis knee: Unicompartmental is a viable option
- 8.37AM 8.42AM TKR satisfies all needs!
- 8.43 AM 8.45AM Summary and Take home message

FACULTY VARS (1 minute) On patient relevant outcomes : your choice for isolated medial compartmental osteoarthritis (AMOA): A) UKR B)TKR

- 2. Which design is optimal? Debate
- 8.47 AM 8.52AM A. CR the knee with best survivorship?
- 8.53 AM 8.58 AM B. PS the best balanced knee?
- 8.59 AM 9.04AM C. Deep Dished: The optimal middle path?
- 9.05 AM 9.07AM Summary and Take home message

FACULTY VARS (1 minute) Which in your opinion, best Knee design for our population A)PS B)CR C)Deep Dished Dr. Bharath Kumar Chennai

**Dr. Paari Selvaraj** Coimbatore

Dr. Ajit Yadav Chennai

Dr. Balasubramaniam Coimbatore

Dr. J SathishKumar Coimbatore

**Dr. Chandana R. Karunathilaka** Sri Lanka

**Dr. Suryanarayan** Chennai







#### **SESSION 2 - Alignment Philosophies in TKR**

Debate Moderators : Dr. Krishna Kiran, Prof. Rajesh Malhotra			
9.09 - 9.14 AM	A. Mechanical : The goal standard, still?	<b>Dr. Krishna Subramanyam</b> Hyderabad	
9.15 - 9.20 AM	B.Kinematic : Function over longevity?	<b>Dr. Ragunandan</b> Chennai	
9.21 - 9.23 AM	Summary and take home message FACULTY VARS (1 minute) Your preferred alignment philosophy in TKR A)Mechanical B) Kinematic or variants	<b>Prof. Rajesh Malhotra</b> New Delhi	
11 11 11	Man Vs Machine: Debate		
9.25 - 09.30 AM	A.Conventional: Works well in my hands!	<b>Dr. Sugavanam</b> Salem	
9.31 - 9.36 AM	B.Robotic: Worth the hype!	Dr. Mukesh Mohan Trichy	
9.37 - 9.39 AM	Summary and take home message	<b>Dr. Krishna Kiran</b> Hyderabad	

**PANEL DISCUSSION - Perioperative Management in Arthroplasty** 

Moderator : Dr. Jayakumar, Dr. Ranjith S.D.I Panelists : Dr. Sivamurugan, Dr. Kunal, Dr. Ravikumar, Dr. Partha, Dr.R.M Vignesh Karthik, Dr. Sankaralingam

9.41AM - 10.10AM DVT prophylaxis Infection protocols Bilaterals Periop- RA Periop- Analgesia Scannograms Tourniquet Patella resurfacing

#### FACULTY VARS

DVT prophylaxis choice of drug: A) LMW Heparin / oral anticoagulants B) Aspirin + Mechanical
 Post-OP Antibiotic protocol : A) 2 doses Intravenous only B) Any form of extended antibiotic coverage
 As routine pre op planning for all TKR cases in 2023 A)Short knee X ray is sufficient B) Lower limb scanogram is mandatory







#### PANEL DISCUSSION – Complex Primary TKR

Moderator : Dr. Sathish Devadoss, Dr. Arumugam Panelists : Dr. Venkataraman, Dr. Yuvaraj, Dr. Krishna Subramanyam, Dr. Raj Kanna, Dr. Vinoth

10.11 AM – 10.50 AM Valgus knee FFD Stress fracture Bone defect Stiff knee

#### FACULTY VARS

- 1. Approach of choice for TKR in a valgus knee A) Medial parapatellar B) Lateral parapatellar
- 2. MCL pie crusting in varus knees A) Very good option B) Must never be done
- 3. Is stem mandatory if structural bone grafting is done Å) Yes B) No

#### PANEL DISCUSSION – Complex TKR & Revisions

Moderators : Dr. Rajkumar, Dr. Krishna Kiran Panelists : Dr. AB Govindaraj, Dr. Ramesh, Dr. Chandana, Dr. Srinivas Kasha, Dr. Rex

10.51AM -11.30AM

- 1. Extra articular deformity
- 2. Revision for infection
- 3. Managing bone loss in revision
- 4. Levels of constraint: when to use PS/ VVC / Hinge in revisions

#### FACULTY VARS

1) In MCL deficient knee A) Hinge is mandatory B) VVC (TC3 / CCK) is acceptable

- 2) In the Indian scenario, is one stage revision acceptable in selected cases A) Yes B) No
- 3) When used without sleeves, preferred stem in revision TKR A) Uncemented B) Cemented

11.30AM - 1.00 PM

#### **TNOA ORATIONS**









#### HIP ARTHROPLASTY SESSION I - Basics: Getting a strong foundation

#### Moderator : Dr. Kosygan, Dr. Kalaivanan

01.30 - 01.36 PM	1. Bearing option in THR: Is Ceramic on Poly the current gold standard for the young and the old
01.37 - 01.42 PM	2. My choice of cementless femoral stems in primary THR -When & Why? Collared or Not? d standard for the young and the old
01.43 - 01.48 PM	3. Achieving good cup position & fixation in primary THR -Tips & Tricks
01.49 - 01.53 PM	Moderator Comments

#### FACULTY VARS

- 1. Do you routinely use COC in young patients A)Yes B)No
- 2. In uncemented stem, your preferred choice A)Collared Stem
- **B)Collarless Stem**
- 3. Your choice of uncemented stem A) Fully HA coated
- B)Proximally porous coated

Dr.Shankar Kurpad Bangalore

**Dr. Krishna Kiran** Hyderabad

Prof. R.H. Govardhan Chennai

#### **SESSION II - Save Thyself: Avoiding technical complications**

#### MODERATOR : Dr. John T John, Dr. VJ Senthil

- 01.56 02.01 PM 1.Limb Length Discrepancy
- 02.02 02.07 PM 2. Avoiding Dislocation
- 02.08 02.13 PM 3. Intra-Op Fracture
- 02.14 02.18 PM Moderator Comments

#### FACULTY VARS:

 Assuming cup/stem versions are good and leg length has been restored, would you increase neck length if the hip feels loose on Schuk test risking LLD
 A) Yes
 B) No
 Intra op C-arm
 A) Useful
 B) Prone for errors Dr. Anil Oomen Vellore Dr. Kesavan Chennai Dr. Mohandass

Dr. Mohandas Nagercoil







#### **SESSION III - Rapid Fire: Debates in primary THR**

Moderators: Dr. Suryanarayan, Dr. Rex

#### (A) Different approaches but common goal:

- 02.21 02.26 PM 1.Direct anterior Approach : Should young surgeons take it up?
- 02.27 02.32 PM 2. Conventional Approaches (Posterior/Anterolateral): Should we look beyond the known angel?
- 02.33 02.36PM Summary and Take home message

Prof. Rajesh Malhotra New Delhi

**Dr. Muthuvel Rajan** Madurai

**Dr. Suryanarayan** Chennai

#### **FACULTY VARS**

 Should direct anterior be taught for simple primary THR in the Indian scenario
 Yes B) No
 Does anterolateral approach cause abductor weakness
 Yes B) No
 Can complex primary be addressed using anterolateral approach a) Yes B) No

#### (B) Femoral neck fracture in diabetic hypertensive 75 year old community ambulator

02.39- 02.44 PM	1. Hemiarthroplasty– Minimalistic approach?
02.45 - 02.50 PM	2. THR- Optimizing function at a cost?
02.51 - 03.00 PM	Summary and Take home message

Dr. Manimaran' Salem

Dr. Avtar Singh Amritsar

Dr. Rex Coimbatore

#### **FACULTY VARS**

1)Your choice in this scenario (diabetic hypertensive 75 year old community ambulator):
A)Bipolar B) THR
2)For Bipolar in Elderly with comorbids:

A)Uncemented B) Cemented stem







#### **PANNEL DISCUSSION – COMPLEX PRIMARY THR – 6 CASES**

Moderator : Dr. Vijay C Bose, Dr. Dhanasekera Raja Panelists : Dr. Gokulraj, Dr. Mohan Kumar, Dr. Ajit Yadav, Dr. Mohandas Dr. Shankar Krupad, Dr. N. Nandakumar, Dr. John T John

03.00 PM -03.45PM

#### <sup>PM</sup> 1. Post acetabular fracture

- 2. Protrusio
- 3. Failed inter-trochanteric fractures
- 4. Fused hip
- 5. DDH
- 6. TB hip

#### **FACULTY VARS**

1) Displaced Acute acetabular fracture in 65+ age:

A)Immediate B) Delayed THR

2) In ank spond with fused hips and stiff spine- Is dual mobility preferable in all cases

A) Yes B)No

3) Crowe II and III: Your Choice

A) Anatomic Hip B)High Hip Centre

4)THR timing after starting ATT:

A)Immediate B) Delayed by 6-12 weeks

Pane	Moderator : Prof. Rajesh Malhotra, Dr. Anil Oomen lists : Dr. VJ Senthil, Dr. Shanmugasundaram Dr. Leo Joseph Dr. Kosygan Dr. Suryanarayan Dr. Avtar Singh
03.46 - 04.30 pm	<ol> <li>When to use ETO or Alternatives to ETO in removing well fixed stems: 1 Representative case</li> <li>Managing acetabular bone loss in revision THRFACULTY VARS: Allografts or Augments for MODERATE superolateral defect needing support A)Structural allograft B) Metal augments</li> <li>Managing femoral bone loss in revision THRFACULTY VARS: In a given situation, if both works my choice is A) modular B)monoblock stems</li> <li>Revision of unstable hip arthroplasty FACULTY VARS: In case of recurrent THR dislocations Is Dual mobility a must A)Yes B)No</li> <li>Periprosthetic femoral fractures:</li> <li>Early/Short term loosening of cementless stem (Dorr A canal)</li> </ol>
4:30PM – 5:30PM	TNOA KMC PG ORTHO QUIZ – PRELIMS TNOA Dr K R Venkateswar Memorial PG Travelling Fellowship
5.30 PM Onwards	ANNUAL GENERAL BODY MEETING
7.00 PM Onwards	GALA BANQUET DINNER







#### SPINE DEGENERATIVE SPINE

Moderators: Dr.Vignesh Jayabalan, Dr.Vignesh Pushparaj Panelists: Dr. Nalli R Uvaraj, Dr.Venkatesh Krishnan, Dr. Karthik Kailash, Dr. Mukesh Mohan G

8.00 AM-8.07 AM	Case discussion - Degenerative spondylolisthesis	<b>Dr. Jaikish</b> Trichy
8.08 AM-8.14 AM	Low grade degenerative spondylolisthesis - Management options	<b>Prof. Nalli R Uvaraj</b> Chennai
8.15 AM-8.21 AM	Case discussion - High grade spondyloisthesis	<b>Dr. Phani Kiran S</b> Chennai
8.22 AM-8.28 AM	High grade spondylolisthesis - Management options	<b>Dr. Rohit Amritanand</b> Vellore
8.29 AM-8.35 AM	Role of MISS in Spondylolisthesis	<b>Dr. Karthik Kailash</b> Chennai
8.35 AM - 8.40 AM	Discussion	

#### **SPINE TRAUMA**

Moderators: Dr. PV Thirumalaimurugan, Dr. B Vijay Anand Panelists: Dr. S. Parthasarathy, Dr. Muralidharan Venkatesan, Dr. R.Sivakumar, Dr. K.Thanigaimani

8.41 AM-8.47AM	Case discussion - Thoracolumbar A4 Fracture	<b>Dr. Dilip Chand Raja</b> Chennai
8.48 AM-8.54 AM	Surgical Strategies in the management of Thoracolumbar spine fractures	Dr. S Parthasarathy Chennai
8.55 AM-9.01 AM	Case discussion - Cervical Fracture	<b>Dr. Yuvaraja Murugan</b> Puducherry
9.02 AM-9.08 AM	Surgical Strategies in the management of Cervical spine fractures	Dr. Aju Bosco Chennai
9.09 AM-9.15 AM	Discussion	







#### **OSTEOPOROTIC VERTEBRAL FRACTURES**

Moderators: Dr.Nitesh Rathi, Dr.Yogesh Kumar Panelists: Dr. M.H Subramaniam, Dr. V Ravi, Dr. T Karikalan

9.17 AM-9.23 AM	Case discussion – Osteoporotic fractures without neurological deficit	<b>Dr.</b> Tricl
9.24 AM-9.30 AM	Role of augmentation procedures in OVCF	Dr. Che
9.31 AM-9.37 AM	Case discussion – Osteoporotic fractures with neurological deficit	Dr. Pud
9.38 AM-9.44 AM	Management of OVCF with neurological deficit	Dr Velle
9.45 AM - 9.51 AM	Discussion	

#### **Dr. N Ajit Kumar** Trichy

Dr. M.H Subramaniam Chennai

Dr. K. Karthick Anand Puducherry

**Dr. Justin Arockiaraj** Vellore

#### **VIDEO DEMONSTRATION (HOW I DO IT) - SESSION 1**

Moderator: Dr. R Sivakumar, Dr. Sridharan Namboothiri

9.51 AM-9.57 AM	Anterior Cervical Discectomy and Fusion
9.58 AM-10.04 AM	Global reconstruction in Tuberculous spondylodiscitis through an all posterior approach
10.05 AM-10.11 AM	Over the ten decomposition and faster for

10.05 AM-10.11 AM Over the top decompression and fusion for degenerative spondylolisthesis

10.12 AM-10.18 AM Vertebroplsty/Kyphoplasty in Osteoporotic Vertebral Compression Fracture Dr. Appaji Krishnan Chennai

Dr. Ajoy Prasad Shetty Coimbatore

Dr. Venkatesh Krishnan Vellore

Dr. G Sudhir Chennai







#### **VIDEO DEMONSTRATION (HOW I DO IT) - SESSION 2**

Moderators: Dr.S.Karunakaran, Dr. Ajoy Prasad Shetty		
10.19 am-10.26 am	MIS pedicle screw fixation	<b>Dr. Vishal B Peshattiwar</b> Mumbai
10.27 am-10.34 am	Undercutting facetectomy by mini open approach for lumbar canal stenosis	<b>Dr. K. Balasubramaniam</b> Trichy
10.35 am- 10.42 am	Transforaminal Endoscopic Discectomy under Local Anaesthesia for a migrated lumbar disc	<b>Dr. Palanikumar Chellamuthu</b> Erode
10.43 am-10.50 am	Transforaminal Endoscopic decompression for Lumbar canal stenosis	Dr. Ashok Sridhara Subramanian UK
10.51 am- 10.58 am	Full Endoscopic Interlaminar Discectomy	Dr. Pritem Rajamani

#### **HOW I DEAL WITH COMPLICATIONS?**

Chairpersons: Dr. S Rajasekaran, Dr. Rajagopalan Panelists : Dr. Rishi Kanna, Dr. R.Barani, Dr. C.S. Vishnuprasath, Dr. Jvaghar Jill, Dr. K.S Vijayanand		
11.00 AM	Recurrent disc proplase – Decision making and Surgical tips for revision decompression and discectomy	<b>Dr. Rishi Kanna</b> Coimbatore
11.07 AM	Post-operative spondylodiscitis	<b>Dr. R. Barani</b> Chennai
11.14 AM	Failed surgery in the osteoporotic spine	<b>Dr. C.S Vishnuprasath</b> Salem
11.21 AM	Cage malposition after TLIF surgery	<b>Dr. Jvaghar Jill</b> Chennai
11.28 AM	Post-operative radiculopathy in instrumented spine surgeries	Dr. K.S Vijayanand Coimbatore
11.30AM - 1.00 PM	TNOA ORATIONS	- retrine ton

1.00 PM - 2.00 PM LUNCH





Dr.Partiban Dr.Sundararajan



#### FOOT AND ANKLE SESSION 1 – NON TRAUMATIC FOOT AND ANKLE

Chairpersons : Prof. Mathivanan P, Prof. Muthukumar Moderators : Dr. Parthiban, Dr. Dharmarajan.J		
2.00 PM – 2.10 PM	TTC Fusion	<b>Dr. A. Suresh Kumar</b> Tirunelveli
2.10 PM – 2.20 PM	Tendoachilles Tendinitis	<b>Dr. Jerry Sam</b> Chennai
2.20 PM – 2.30 PM	MI Surgeries in Hind Foot	<b>Dr. Karthik Hariharan</b> UK
2.30 PM – 2.40 PM	Mid Foot Fusion and arch reconstruction	Dr. Ramakanth Coimbatore
2.40 PM – 2.50 PM	Is Diabetic Foot an Orthopaedic Domain?	<b>Dr. T V Raja</b> Chennai
2.50 PM – 3.00 PM	Metatarsalgia	Dr. Arun Kumar Ramanathan Chennai
1. 3. 10 1. 3. 7.	SESSION 2	STATE BEEN TO BE
3.00 PM – 3.30 PM	Pannel Discussion On Difficult Cases	PANELISTS: Dr.Kartik Hariharan Dr.T.V.Raja Dr.Arun Kumar Ramanathan

ASSAL SHE TO BE		Dr.J.Dharmarajan
	SESSION 3 – FOOT AND ANKLE TR	AUMA
	Chairpersons : Dr. S. Natarajan, Dr. M	ani.K
3.30 PM - 3.40 PM	Syndesmotic Injuries	<b>Dr. Dharmarajan</b> Chennai
3.40 PM - 3.50 PM	Lisfranc Injuries	<b>Dr. Parthiban</b> Chennai
3.50 PM – 4.00 PM	Surgical Statergies in Pilon Fractures	Dr. Karthik Hariharan
4.00 PM – 4.10 PM	Bimalleolar fracture dislocation – surgical emergency?	Dr. Bharathi Selvan Chidambaram
4.10 PM – 4.20 PM	Decision making in Talus Fracture	Dr. Marimuthu Tirunelveli
4.20 PM – 4.30 PM	Calcaneal Fractures	Dr. Velmurugan Chennai
4:30PM - 5:30PM	TNOA KMC PG ORTHO QUIZ – PRELIMS TNOA Dr K R Venkateswar Memorial PG Travelling	
5.30 PM Onwards	ANNUAL GENERAL BODY MEETING	VIII
7.00 PM Onwards	GALA BANQUET DINNER	11 Aluthan







#### INFECTIONS

Chairpersons : Dr. Elangovan .P, Prof. Mohan Gandhi		
8.10AM-8.20AM	The Sanctity of Operation Theatre	<b>Dr. K. Selvam</b> Chennai
8.20AM-8.30AM	Peri-prosthetic joint infection – Treatment options	<b>Dr. Kalaivanan K</b> Chennai
8.30AM-8.40AM	Safe use of Antibiotics in Orthopaedic Surgery – Current Guidelines	<b>Dr. S. Venkatesh Babu</b> Tirunelveli
8.40AM-8.50AM	Recent advances in IAFF (Infection After Fracture Fixation)	<b>Dr. G. Rajeshkanna</b> Chennai
8.50AM-9.00AM	Local Antibiotic Delivery Systems	<b>Dr Navin Thakkar</b> Ahmedabad

#### ILIZAROV & DEFORMITY CORRECTION SESSION – 1

Chairpersons : Dr. Abdul Hameed Ansari.S, Dr. Thiyagu.S.P		
9.00AM-9.15AM	Safe Zones of tibia and femur	<b>Dr. Giriraj</b> Chennai
9.15AM-9.30AM	Non-union of tibia – beginners guide	<b>Dr. Sridhar</b> Namakkal
9.30AM-10.00AM	Evolution of deformity correction	<b>Dr. Milind Chaudhary</b> Akola
10.00AM-10.15AM	Limb length discrepancy – still confused? Solution is here	<b>Dr. Suresh Gandhi</b> Puducherry









#### ILIZAROV & DEFORMITY CORRECTION SESSION – 2

#### Chairpersons : Dr. Sundara Pandian R, Dr. Ravichandean

1.00 PM-2.00 PM	LUNCH	and the second second
11.30AM-1.00 PM	TNOA ORATIONS	
11.15AM-11.30AM	Latest in limb reconstruction	<b>Dr. Subramanya Gandhi</b> Chennai
11.00AM-11.15AM	Complications of ilizarov surgery and their management	<b>Dr. Manoharan</b> Vellore
10.30AM-11.00AM	Complex deformity – how to approach	<b>Dr. Vasudevan</b> Palakkad
10.15AM-10.30AM	Application of ilizarov in upper limb	<b>Prof. R.H. Govardhan</b> Chennai

#### PELVI – ACETABULAR SESSION SESSION 1 – PELVIS

Chairpersons : Dr. Jaikish, Prof. Mohana Sundaram K		
2.00 to 2.10 pm	Pelvic injury management in Emergency room	<b>Prof. Ramprasath</b> Chengalpattu
2.10 to 2.20 pm	Anterior ring disruptions- Fixation options?	<b>Dr. Ramasamy</b> Trichy
2.20 to 2.30 pm	Strategies in Posterior pelvic ring fixation (APC to Vertical shear injuries)	<b>Dr. Gokulraj .D</b> Chennai
2.30 to 2.40 pm	Fragility fractures of the posterior pelvic ring	Prof. Akhil P.Verheyden Germany
2.40 to 2.50 pm	Discussion	A A







#### **SESSION 2 – ACETABULUM**

Chairpersons : Dr. V. Kannan, Dr. R. Vijayaragavan		
2.50 to 3.10 pm	Modified iliofemoral approach- How I do it ?	<b>Prof. Ramesh Sen</b> Chandigarh
3.10 to 3.20 pm	Decision making in acetabular fractures for uneventful outcome	<b>Prof. V. Singaravadivelu</b> Chennai
3.20 to 3.30 pm	How Do I approach a delayed presentation of a acetabular fracture?	Prof. Ramesh Sen Chandigarh
3.30 to 3.40 pm	Indications for combined (anterior and posterior) approaches in complex acetabular fractures	<b>Dr. Devendra Agraharam</b> Coimbatore
3.40 to 3.50 pm	Safe Corridors at pelvi acetabulum and way to get your screws percutaneously	Prof. R.T. Parthasarathy Salem
3.50 to 4.00 pm	My options in Acute and Delayed THR in acetabular fractures	<b>Dr. Govardhan</b> Chennai
4.00 to 4.10 pm	Discussion	
4.10 to 4.30 pm	Case based discussion on Pelvi-Acetabular fractures	<b>Dr. Ramesh Perumal</b> Coimbatore
4:30PM – 5:30PM	TNOA KMC PG ORTHO QUIZ – PRELIMS TNOA Dr K R Venkateswar Memorial PG Travelling Fe	s. ellowship
5.30 PM Onwards	ANNUAL GENERAL BODY MEETING	

7.00 PM Onwards

GALA BANQUET DINNER







### DAY 2 11-02-2023 Saturday

		Day – 2 Hall E			
Miscellaneous – 1 (8.00AM-8.50AM)					
11.5		Chairpersons - Prof. G. Ramesh Prabu, Dr. P. Lakshmi Narayan			
S.No	Time	Title	Name		
1	8.00AM- 8.05AM	Is sodium channel blocker more effective in management of radiculopathy than epidural analgesia	Dr Balasubramaniam Kk		
2	8.05AM- 8.10AM	Observational study to identify the different causes of gluteal pain through clinical and radiological imaging and to evaluate its disability	Dr Jonathan Moses		
3	8.10AM- 8.15AM	Injury Prediction Model for lower limb sports injuries - A novel machine learning based approach:	Dr Girinivasan Chellamuthu		
4	8.15AM- 8.20AM	Should the first impression be the best impression- Role of psychological perceptive of patients with fracture about the emergency department in deciding the treatment continuation.	Dr Sridaran Vediyappan		
5	8.20AM- 8.25AM	Role of serological markers such as C-Reactive protein and Interleukin 6 in response to Post operative infection in patients with open fractures	Dr Jebaraj JPV		
6	8.25AM- 8.30AM	A case series of Avascular Necrosis of Left hip Managed by Core Decompression with Bone marrow Injection Procedure	Dr Jafer sareef		
7	8.30AM- 8.35AM	Coraco-Gleno-Scapular Line" - A simple tool to assess significant glenoid bone defect	Dr Satish Kumar		
8	8.35AM- 8.40AM	Anatomical GIRD- a prevalent non pathologic entity among overhead players: A cross sectional study among college level athletes from South India	Dr Shyam Sundar		
9	8.40AM- 8.45AM	How does medial compartment osteoarthritis of knees respond to proximal fibular osteotomy at one year ? " A prospective analysis of 26 knees	Dr Anandanarayan Muruganandam		
10	8.45AM- 8.50AM	Parenteral Vit D 3 And Non-Specific Body Pains	Dr Sarath Babu A N		

		Day – 2 Hall E	
		Orthobiologics (8.55AM-9.40AM)	
		Chairpersons - Dr. Rajasekar P., Dr. Sathish M.	
S.No	Time	Title	Name
1	8.55AM- 9.00AM	Is intra-articular platelet rich plasma injection safe and effective in osteoarthritis knee? - a prospective study.	Dr Kattu Bava N
2	9.00AM- 9.05AM	Comparative Study of Local Injection of Platelet Rich Plasma versus Corticosteroids in the Treatment of Lateral Epicondylitis (Tennis Elbow)	Dr Mohamed Syed Moosa
3	9.05AM- 9.10AM	A study of functional and clinical outcome of use of intra articular injection of Hyaluronic acid in early osteoarthritis of knee	Dr Natesh Saravanan
4	9.10AM- 9.15AM	Functional outcome analysis of Avascular Necrosis of Femoral Head in Early stage (stage 2) Managed with combination Therapy of Bisphosphonates with Core Decompression and Bone Marrow Aspirate Concentrate Infusion $\hat{s} \in A$ Prospective Study	Dr Paramaguru Rajesh
5	9.15AM- 9.20AM	Reversal of bone marrow edema in avascular necrosis with hyperbaric oxygen therapy - early results of 2 cases	Dr Sachithanandam V
6	9.20AM- 9.25AM	Platelet-rich plasma therapy ensures pain reduction in the management of lateral epicondylitis " PRISMA-compliant network meta- analysis of randomized controlled trials	Dr Kathan Talsania
7	9.25AM- 9.30AM	Promising results of cultured osteoblasts in the management of osteonecrosis of femoral head	Dr Madhan Jeyaraman
8	9.30AM- 9.35AM	The functional outcome and efficacy of our cost effective LP-PRP in treatment of early osteoarthritis knee	Dr Aditya Balaji
9	9.35AM- 9.40AM	Does Scaffold-based delivery of Mesenchymal Stromal Cells give Superior results in Knee Osteoarthritis? - Meta-Analysis of Randomized Controlled Trials	Dr Packkyarathinam R.P.





## DAY 2

		Day – 2 Hall E			
Arthroscopy Knee – 1 (9.45AM-10.35AM)					
1.101		Dr. Pradeepkumar K., Dr. S. I. Kumareswaran			
S.No	Time	Title	Name		
1	9.45AM- 9.50AM	Medial meniscus root repair suspension vs bone bridge technique. Comparison of 20 cases.	Dr M.Sivakumar Mani		
2	9.50AM- 9.55AM	Functional outcome of partial ACL tear treated with fibre tape augmentation	Dr Raam Mohan S		
3	9.55AM- 10.00AM	Anatomical footprints as a guide to Arthroscopic ACL Reconstruction - Clinical outcome	Dr Pravin Kumar		
4	10.00AM- 10.05AM	Four stranded/five stranded hamstring graft for ACL reconstruction - a short term post op follow up of 25 cases	Dr Harish mani		
5	10.05AM- 10.10AM	Anterior cruciate ligament remnant preservation in anterior cruciate ligament reconstruction surgery in young athletic patients from SRM institute of science and technology	Dr Thirumalai G		
6	10.10AM- 10.15AM	Clinical outcome of Medial meniscal posterior root tear repaired by Arthroscopic transtibial pull through technique in a middle age population â€" A Case series	Dr Kanchan N		
7	10.15AM- 10.20AM	A comparative study between the functional outcome of patellar tendon bone and hamstring tendon autograft in arthroscopic anterior cruciate ligament reconstruction	Dr Lalit Chellappa Karpenter		
8	10.20AM- 10.25AM	Non inferior outcomes of operative v/s non-operatively managed Grade III MCL injuries with concomitant ACL surgery	Dr Deven Rajendra Kuruwa		
9	10.25AM- 10.30AM	Outcome analysis of arthroscopic ACL reconstruction using autologous grafts in adult.	Dr Saravanan.J Jagadeesan		
10	10.30AM- 10.35AM	Immediate functional outcome of single tendon technique of La Prade procedure for PLC injury of knee	Dr Vijayasoruban J		

		Day – 2 Hall E				
	Arthroscopy Knee -2 (10.35AM-11.00AM)					
		Chairpersons - Dr. Vijayaraj K, Dr. M. J. Krishna Kumar				
S.No	Time	Title	Name			
1	10.35AM-	Novel trans-osseous fixation method for arthroscopic procedures	Dr Narendran			
	10.40AM	around the knee: a clinical utility study	Pushpasekaran			
2	10.40AM-	Does A Decrease in Posterior Tibial Slope Influence the Outcome of	Dr Owais Ahmed			
	10.45AM	Isolated PCL Reconstruction ?				
3	10.45AM-	Arthroscopic suture pull out versus augmented suture pull out using	Dr Sameer Muhammed			
	10.50AM	Endo Button for Displaced PCL avulsions: A comparative analysis				
4	10.50AM-	A cross sectional study on functional outcome of arthroscopic ACL	Dr Shrivisshnu			
	10.55AM	reconstruction using hamstring tendon graft with additional fixation	Balasubramanian			
5	10.55AM-	A study of medial patello femoral ligament reconstruction for habitual	Dr Saran Kannan			
	11.00AM	patella dislocation in a skeletally immature patient	120			

#### 11.30AM-1.00 PM

#### **TNOA ORATIONS**

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1.00 PM-2.00 PM
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LUNCH







	Day – 2 Hall E				
1.1.1.1.1		Spine 2 (2.00PM-2.45PM) Chairpersons -Prof. Niranjana M Raghavan Dr. C. S. Vishnu Prasath,	STATISTICS IN CONTRACTOR		
S.No	Time	Title	Name		
1	2.00PM- 2.05PM	Anterior cervical discectomy and fusion with stand-alone cage without bone grafting -our experience	Dr Sathish A		
2	2.05PM- 2.10PM	Is Anterior Cervical Plating necessary for Cage constructs in Anterior Cervical Discectomy and Fusion Surgery for Cervical Degenerative Disorders? Evidence-based on the Systematic Overview of Meta-analyses	Dr Sathish Muthu		
3	2.10PM- 2.15PM	Cervical laminectomy and lateral mass screw fixation in cervical spondylotic myelopathy- outcome analysis of radiological, neurological & sagittal alignment outcome analysis	Dr Bharat Kumar		
4	2.15PM- 2.20PM	Surgical site infection following posterior cervical spine surgery- a retrospective study	Dr Arun Subramanian		
5	2.20PM- 2.25PM	Cervical disc disease with neurological deficit - our institutional experience about anterior vs posterior approach	Dr Sabarinathan Karunanithi		
6	2.25PM- 2.30PM	Is tlif (transforaminal lumbar interbody fusion) a good option for treating spondylolisthesis ?	Dr Yogesh Kendre		
7	2.30PM- 2.35PM	Is single stage single approach (anterior) to oblique lumbar Interbody fusion enough	Dr Aditya Thakur		
8	2.35PM- 2.40PM	The Microendoscopic Discectomy " A Quintessential for Management of Lumbar Disc Herniations.	Dr Ganesh Kumar		
9	2.40PM- 2.45PM	Does Platelet rich plasma enhance fusion in Transforaminal Lumbar Interbody Fusion? A Prospective Clinico-radiological comparative study	Dr Vishnu Vardhan		

	Day – 2 Hall E					
	Spine 3 (3.00PM-3.35PM)					
		Chairpersons - Dr. F. Fakhruddin, Dr. Yogesh Kumar				
S.No	Time	Title	Name			
1	3.00PM- 3.05PM	Modified Lift up Laminoplasty " A Novel Surgical Technique For Long Segment Epi/Intradural Tuberculoma: A Case Series	Dr Selvin Prabhakar			
2	3.05PM- 3.10PM	A novel technique of ligamentotaxis using mis pedicle screws with vertebroplasty in osteoporotic vertebral fractures with retropulsion and canal compromise	Dr Niren Dalvey Raj T			
3	3.10PM- 3.15PM	Radiological phenotyping and Functional outcomes of Chronic Coccydynia - A Prospective analysis	Dr Nishat Ahmed			
4	3.15PM- 3.20PM	Outcome of all Posterior Hemivertebrectomy & Short segment Pedicle Screw Instrumentation in Congenital Kyphoscoliosis	Dr Manu Sasidhar Reddy Gade			
5	3.20PM- 3.25PM	Clinco radiological outcome of scheurmanns patients who underwent posterior surgery	Dr Adarsh Singh			
6	3.25PM- 3.30PM	Early Onset Scoliosis in Arthrogryposis Multiplex Congenita treated with Magnetically Controlled Growth Rod - A Preliminary report	Dr Akshay Raj			
7	3.30PM- 3.35PM	Post traumatic thoracic kyphotic deformity	Dr Meenakshi Rakesh M			

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### DAY 2 11-02-2023 Saturday

		Day – 2 Hall E	
		Arthroscopy Knee -3 (3.40PM-4.10PM)	
		Chairperson - Dr. Balaji Govindarajan , Dr.R.Ragavanandam	
S.No	Time	Title	Name
1	3.40PM- 3.45PM	To evaluate the clinical and radiological outcome of aperture fixation of hamstring autografts on femoral side in arthroscopic anterior cruciate ligament reconstruction	Dr Vidyaprakash Rajendran
2	3.45PM- 3.50PM	Peroneus Longus Vs Hamstring autografts in primary ACL reconstruction. Biomechanics at the Harvest site.	Dr Avinash M
3	3.50PM- 3.55PM	Arthroscopic assisted modified Fulkerson osteotomy for patellofemoral aliments: Case series	Dr Lokesh Kumar
4	3.55PM- 4.00PM	Outcome of Arthroscopic Repair of horizontal meniscal tears with inside out technique and fibrin clot augmentation	Dr Karthikeyan Chinnaswami
5	4.00PM- 4.05PM	Outcomes and learning lessons following revision ACL reconstruction among football players	Prof Saseendar Shanmugasundaram
6	4.05PM- 4.10PM	Functional and radiological outcomes of medial opening wedge high tibial osteotomy and adjunctive arthroscopic procedures for knee pain in varus deformity: our experience in holistic joint preservation with a minimum two year follow-up	Dr Ram Gautham Ganesan

4:30PM - 5:30PM

#### TNOA KMC PG ORTHO QUIZ – PRELIMS TNOA Dr K R Venkateswar Memorial PG Travelling Fellowship

5.30 PM Onwards

ANNUAL GENERAL BODY MEETING

7.00 PM Onwards

GALA BANQUET DINNER





### DAY 2 11-02-2023 Saturday

		Day – 2 Hall F				
	Trauma – 9 (8.00AM-8.50AM)					
111.1	Chairpersons - Prof. Murali Mothilal, Dr. Ponraj P.					
S.No	Time	Title	Name			
1	8.00AM- 8.05AM	Functional and radiological outcome of intertrochanteric fractures, treated with intertan proximal femoral nailing	Dr Venkadesh A			
2	8.05AM- 8.10AM	Challenges in addressing traumatic compound tibia diaphyseal fracture associated with bone loss - dealt by distraction osteosynthesis using limb reconstruction system prospective outcome analytic study	Dr Abinav Annamalai			
3	8.10AM- 8.15AM	Fracture specific fixation and recent outcome of CT based type 5 and type 6 tibial plateau fractures with rigid internal fixation	Dr Gnana Sekaran			
4	8.15AM- 8.20AM	Interlocking intramedullary nailing for distal tibia fractures-a prospective study	Dr Sakthi Periyathambi			
5	8.20AM- 8.25AM	Analysis of functional and radiological outcome of column specific fixation in tibial plateau fractures	Dr Gokulvishnu Jegadeesan			
6	8.25AM- 8.30AM	The optimum duration of antibiotics prophylaxis for preventing infection in Gustilo-Anderson type 3A an type 3B open tibial fractures- A Randomized Controlled Trial	Dr Mahshook Irfan P C			
7	8.30AM- 8.35AM	Does primary dual plating alter postoperative fracture collapse and functional outcome in open distal femur fractures? An analysis of 47 patients	Dr Harish .M			
8	8.35AM- 8.40AM	Clinical outcome of open comminuted intra-articular distal femur fractures	Dr N Arul Prakash Nehru			
9	8.40AM- 8.45AM	An analysis of the predictors of outcome in distal femur fractures treated with only locking plates based upon the radiological parameters and implant construct	Dr Agraharam Devendra			
10	8.45AM- 8.50AM	Outcome of bilateral adult femoral shaft fractures	Dr Livingston Abel			

		Day – 2 Hall F	
		Trauma – 10 (8.55AM-9.45AM)	
12.0		Chairpersons - Dr. Premnath G., Dr. R. Agniraj	Service and the service of the servi
S.No	Time	Title	Name
1	8.55AM- 9.00AM	A prospective study on functional outcome of proximal third tibial shaft fractures treated with intramedullary nailing through suprapatellar approach	Dr Soorya Prakash
2	9.00AM- 9.05AM	Comparative study of functional outcome between locking and nonlocking plate fixation in tibial plateau fractures	Dr Naresh Kumar P
3	9.05AM- 9.10AM	Clinical and radiological outcome of extra articular distal tibia fracture treated by MIPPO technique	Dr Silambuselvan P
4	9.10AM- 9.15AM	Segmental Tibia Fracture- an Infrequent Injury Necessitating Closed Reduction and Intramedullary Nailing by percutaneous method	Dr Umamaheswaran Subramaniyan
5	9.15AM- 9.20AM	Comparative study of functional outcome of Schatzker type 2 and 3 fractures managed by raft plating with void filler and without void filler	Dr Cheran M
6	9.20AM- 9.25AM	Approaches for posterolateral fractures of proximal tibia using modified posterolateral approaches	Dr Anandu Ramanan
7	9.25AM- 9.30AM	Prospective study of time of union in segmental tibial fracture treated with unreamed tibial nailing	Dr Ananthu Balusamy
8	9.30AM- 9.35AM	Title- Series of floating knee treated with IMIL nailing	Dr Raja Sujith Kumar
9	9.35AM- 9.40AM	Functional & radiological outcome of distal femur fractures " managed with retrograde nailing	Dr Karthikeyan RM
10	9.40AM- 9.45AM	Functional outcome of the various treatment modalities in floating knee injury- a prospective study	Dr Adhil Khan

24





### DAY<sup>2</sup> I1-02-2023 Saturday

		Day – 2 Hall F	
		Trauma – 11 (9.45AM-10.40AM)	
		Chairpersons - Dr. M. Anand, Dr. Kishore K.	
S.No	Time	Title	Name
1	9.45AM- 9.50AM	Closed distal tibia fractures treated with LCP by minimally invasive plate osteosynthesis	Dr Arunkumar Rajaram
2	9.50AM- 9.55AM	Functional and Radiological outcome of Schatzker's type 5 and type 6 tibial plateau fractures treated with bicolumnar plating	Dr Rizwan Ahamed
3	9.55AM- 10.00AM	Functional outcomes of distal third tibia fractures managed by minimally invasive percutaneous Plate osteosynthesis using medial anatomical locking compression plate	Dr Santhoshkumar Sivasubramani
4	10.00AM- 10.05AM	Functional and radiological outcome of intramedullary nailing of distal metaphyseal tibial fractures	Dr Prawinkumar S M
5	10.05AM- 10.10AM	Functional and radiological outcome of augmentation plating following non - union of long bone diaphyseal fractures	Dr Jes Marshal Pradap Prabaharan
6	10.10AM- 10.15AM	Functional and radiological outcome of proximal tibial shaft fractures treated with intramedullary nailing through suprapatellar approach a prospective study	Dr Suresh Duraisamy
7	10.15AM- 10.20AM	Retrospective Cohort Study of Functional Outcome of Fracture Shaft of tibia treated with Tibial Intramedullary interlocking Nailing with figure of four techniques in last 5 years	Dr Saravanakumar Kadirvelu
8	10.20AM- 10.25AM	A prospective analysis of functional outcomes of displaced extra-articular distal femur fractures internally fixed with distal femur locking compression plate compared with retrograde femoral nailing	Dr Vignesh E
9	10.25AM- 10.30AM	Supine Gamma position for Tibial plateau surgeries- A novel technique	Dr Santhosh Kumar Govindaraju
10	10.30AM- 10.35AM	Functional outcome of updated three column concept in Proximal tibial fractures	Dr Vijayaragavan R
11	10.35AM- 10.40AM	Functional outcome of anatomic all-inside anterior cruciate ligament reconstruction versus standard anatomic anterior cruciate ligament reconstruction – a comparative study	Dr Shylendra Babu P G

#### Day – 2 Hall F

	Trauma – 12 (10.40AM – 11.05AM)				
21.6	1. S. M.	Chairpersons - Prof. Nithesh Kumar Rathi, Dr. Sachithanandam V.,			
S.No	Time	Title	Name		
1	10.40AM- 10.45AM	Clinical and radiological outcome of Schatzker type v and vi tibial plateau fractures managed effectively on traction table by minimally invasive percutaneous plate osteosynthesis technique	Dr Harish S P		
2	10.45AM- 10.50AM	Prospective study of functional and radiological outcome of Hoffas fractures fixation in distal femur	Dr Vishnuanand Elumalai		
3	10.50AM- 10.55AM	Prospective study of functional outcomes of open tibial fractures treated with early fixation and early soft tissue coverage	Dr Vinoth Kumar K		
4	10.55AM- 11.00AM	Functional outcome of management of open fractures both bones leg treated with primary IMIL nailing	Dr Akash Manivannan		
5	11.00AM- 11.05AM	Hybrid external fixation as a definitive procedure for proximal and distal tibial periarticular fractures	Dr Nawin Suriya Arunachalam		

#### 11.30AM-1.00 PM

**TNOA ORATIONS** 

LUNCH





## DAY 2 11-02-2023 Saturday

		Day – 2 Hall F				
	Trauma – 13 (2.00PM-2.40PM)					
		Chairpersons - Dr. Ramesh K., Dr. Dhamodaran S.				
S.No	Time	Title	Name			
1	2.00PM- 2.05PM	Orthoplasty in Lower Limb Reconstruction : Experiences from a single unit at a tertiary hospital in South India	Dr Anand Kurian			
2	2.05PM- 2.10PM	A posteromedial approach for open reduction and internal fixation of posteromedial tibial plateau fracture	Dr Jeff Walter Rajadurai			
3	2.10PM- 2.15PM	Functional and radiological outcome of tibial plateau fracture fixed with bicolumn plating : a prospective study	Dr Dinesh Babu Lakshmanan			
4	2.15PM- 2.20PM	Analysis of the Functional and Radiological outcome of Interlocking Intramedullary nailing for tibia fractures through suprapatellar approach	Dr Sathish Chandrasekaran			
5	2.20PM- 2.25PM	Rotational Alignment in tibia diaphyseal fractures with the Suprapatellar Semi-extended Versus Standard Upper Entry Tibial Intramedullary Nailing: A Randomized Controlled Trial (RASPUTIN)	Dr Jubin Jamshed			
6	2.25PM- 2.30PM	Outcome following various approach methods for distal tibia shaft fractures: a case series on 25 cases.	Dr Abin Mahmood Nizar			
7	2.30PM- 2.35PM	Functional Outcome of Tibial Plateau fracture treated with Single Lateral Locking Compression Plate	Dr Bishal Chettri			
8	2.35PM- 2.40PM	Does dual plating for distal femur fractures with metaphyseal comminution results in increased stability and early fracture healing- a case series study	Dr Ebin Jose			

	Day – 2 Hall F						
Foot And Ankle – 2 (2.45PM-3.30PM)							
Chairpersons - Dr. Arun Prakash, Dr. M. Avinash							
S.No	Time	Title	Name				
1	2.45PM- 2.50PM	Are Lisfranc Fracture Dislocations an Emergency ?- A Case Series	Dr Sundar Kangeyan				
2	2.50PM- 2.55PM	Functional outcome of intraarticular calcaneal fractures fixed with percutaneous screws - A Prospective Study	Dr Boblee James				
3	2.55PM- 3.00PM	Intra articular calcaneal fractures treated with minimally invasive cannulated screw fixation	Dr Sabarisan Natarajan				
4	3.00PM- 3.05PM	A Prospective analysis and Functional outcomes of bimalleolar fracture ankle with various types of internal fixation	Dr S Sathish Kumar				
5	3.05PM- 3.10PM	Does of all ankle fractures associated with syndesmotic ligament disruption necessitating for a congruous ankle joint?- A prospective study	Dr Manar Moideen				
6	3.10PM- 3.15PM	Analysis of the functional outcome in patients sustaining complex foot injury treated surgically using K wire fixation	Dr Vidyaprakash Rajendran				
7	3.15PM- 3.20PM	Functional outcome analysis of distal tibial fractures managed by hybrid external fixation - a prospective study	Dr Velazhagan P				
8	3.20PM- 3.25PM	Clinical and radiological outcome of tightrope fixation for syndesmotic injuries in the ankle joint	Dr Sudharsan M				
9	3.25PM- 3.30PM	A comparative study: Lisfranc joint injuries treated with primary arthrodesis versus open reduction internal fixation	Dr Abraham M Antony				





## DAY<sup>2</sup> I1-02-2023 Saturday

	Day – 2 Hall F							
	Trauma – 14 (3.35PM-4.20PM)							
Chairpersons -Dr. Soundar, Dr. S. Ganesh Ram								
S.No	Time	Title	Name					
1	3.35PM- 3.40PM	Assessment of treatment outcome in supracondylar fractures of humerus Gartland - IIA and IIB in children	Dr Srijan Roychowdhury					
2	3.40PM- 3.45PM	The management strategy of humerus fracture has recently shifted towards internal fixation and early mobilization from splinting. Use of the Titanium Elastic Nail System (TENS) has been well established for internal fixation in children	Dr Balasubramaniam Kathirvel					
3	3.45PM- 3.50PM	Effectiveness of lateral pinning in paediatric supracondylar humerus fractures	Dr T.Harish Kumar					
4	3.50PM- 3.55PM	Our experience with titanium elastic nail system in managing the diaphyseal fractures in paediatric groups	Dr Nithi Arutselvan					
6	3.55PM- 4.00PM	Functional and radiological outcome in tibial plateau fracture following column specific fixation- a prospective cohort study	Dr Mauli Chandhar					
7	4.00PM- 4.05PM	Hybrid external fixators be used as definitive treatment modality in the management of compound periarticular fractures of tibia- a brief review	Dr Sathy Priyan Nagarajan v					
8	4.05PM- 4.10PM	A new posterolateral approach without fibula osteotomy for the treatment of tibial plateau fractures	Dr Perumal T					
9	4.10PM- 4.15PM	Delayed/Non-union Of Metaphysial-diaphyseal fractures managed by Augmentation plating	Dr Dhinesh M.S					

#### TNOA KMC PG ORTHO QUIZ - PRELIMS

TNOA Dr K R Venkateswar Memorial PG Travelling Fellowship

#### 5.30 PM Onwards

4:30PM - 5:30PM

ANNUAL GENERAL BODY MEETING

7.00 PM Onwards

GALA BANQUET DINNER

Hall G



## DAY 2 Saturday

#### **MEET THE MASTER & WORKSHOPS**

9.00 - 9.30 AM	Meet the master (trauma)	Dr. L. Prakash
9.30-10.00 AM	Meet the master (trauma)	Dr. Naveen Thakkar
10.00-11.00 AM	Pelvis and Acetabulum workshop	Dr. Ramesh Perumal
11.00 - 11.30 AM	Meet the master (foot & ankle)	<b>Dr. Karthick Hariharan</b> Dr. Dharmarajan
11.30AM-1.00 PM	TNOA ORATIONS	
1:00 PM - 2:00 PM	LUNCH	
2.00 PM-3.00 PM	Meet the master (Spine)	Dr. S. Rajasekar Dr.Amit Jhala Dr.Jin Hwa Eum Dr. Sudhir Dr.Aju bosco
3.00 PM-4.00 PM	Spine workshop	Dr. Sudhir
4.00 PM-5.00 PM	Robotic Arthroplasty	Dr.Chandrashekar

#### Hall H

#### **MEET THE MASTER & WORKSHOPS**

2.00 PM-3.00 PM

Meet the master (Deformity correction)

**Dr. Milind Chaudhary Dr.Vasudevan** Dr.Subramanya Gandhi

### LIVE SURGERIES

8.00 AM - 9:00 AM	Uni Knee Replacement	Parvathy Hospital	Dr. Vetri Kumar
9:00 AM - 10.00 AM	Foot and ankle session	Parvathy Hospital	Dr. Dharmarajan
12:20 AM - 12:50 PM	Robotic knee Arthroplasty	SIMS	Dr. Suryanarayanan

## Sponsor's

